



NARCONON[®]

INTERNATIONAL

NEWSLETTER

Making Rehabilitation a Reality in West Africa

NARCONON GHANA CELEBRATES GRAND OPENING

Just a few years ago, Joe Appiah discovered the Narconon program and realized that this program using drug rehabilitation and education methods of L. Ron Hubbard could salvage the people of his country from the ravages of alcohol and other drugs. After obtaining a license from Narconon International and training in the Narconon Drug Prevention Specialist Course, Joe returned to Ghana, on the coast of West Africa, and began drug education in schools throughout the country. He has since educated over 20,000 students and adults. "The drug problem in Ghana has not escalated to the degree of some other African countries," says Joe, "but it is still bad. Besides widespread use of marijuana, which nearly everyone considers less dangerous than nicotine, there is rampant abuse of alcohol." Joe described a concoction called "apoteshi," which is an illegally distilled hard liquor, fermented with iron nails. In addition to being addictive, it is also poisonous, destroying tissue and eventually killing the heavy drinker.

Because of this, Joe saw the need to expand from drug education to also provide Narconon drug rehabilita-



Narconon Ghana staff and volunteers in front of their new office in Accra

tion services. Therefore Joe and his staff obtained premises for a Narconon center outside Accra, the capital city.

On February 27, 2004, Narconon Ghana held its official grand opening at the Aviation Social Centre in Accra. Both the President and Deputy Executive Director for Expansion of Narconon International traveled to Ghana for the event, attended by government officials and community leaders.



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Narconon Ghana Grand Opening

Speakers and special guests included Gloria Asandoh (Department of Prisons), Solomon Stanley Ayo (Narcotics Control Board), Florence Linda Eshen (Ghana Education Service), Daniel Akwasis Amakwah (Head of Demand Reduction, Narcotics Control Board), Eugene Addo (Food and Drugs Board), Clark Carr (President Narconon International), Sue Birkenshaw (Deputy Executive Director for Expansion Narconon International), and many other representatives of the community. Also attending were the Narconon staff, Narconon Youth Club members and volunteers, as well as teachers and hundreds of students from the local area schools.



Joe Appiah, Executive Director of Narconon Ghana

Chairperson for the opening event, Florence Linda Eshen, acknowledged the work being done by the



Narconon staff and noted that although AIDs programs were prevalent in the country, drug abuse had not been given adequate attention and Narconon was filling that need.

Immediately following this ceremony, a second event was held at the Narconon center to further introduce the program to the local community. Narconon Youth Club members gave several presentations as well as a dramatic performance regarding the dangers of drug abuse.

As the Narconon program has always focused on results and the ability to produce results with even its most fundamental methods, a Narconon First Step training workshop was given on the following day to over 100 attendees. The main objective was to provide attendees with skills they could directly use to help those who are addicted to alcohol and other drugs. They learned of the vitamin and nutritional therapy used in the program, as well the simple physical “assists” used to alleviate the pain and discomfort of withdrawal.

Upon completing the workshop, the senior administrator of the Accra Psychiatric Hospital declared, “I recommend that the establishment of Narconon be commended by the government of the country. I personally hope to support Narconon with



any and all of my efforts.” In response to his invitation, Narconon staff paid a visit to the hospital where they introduced the First Step techniques to their patients and staff. Seeing immediate change amongst those addicts who received assists, the hospital has begun referring patients to Narconon Ghana for out-patient rehabilitation services.

“I recommend that the establishment of Narconon be commended by the government of the country.”

Starting with one man’s decision to help his fellow citizens, we now have the beginning of a nationwide program that is on the road to creating a drug-free society in Ghana ■



Two attendees drilling a very simple therapy called a nerve assist at First Step workshop

The Narconon team paid a visit to the Accra Psychiatric Hospital (the only place in Accra where rehab is available) and introduced First Step techniques to their patients and staff.

The addict has been found not to want to be an addict, but is driven by pain and environmental hopelessness.

As soon as an addict can feel healthier and more competent mentally

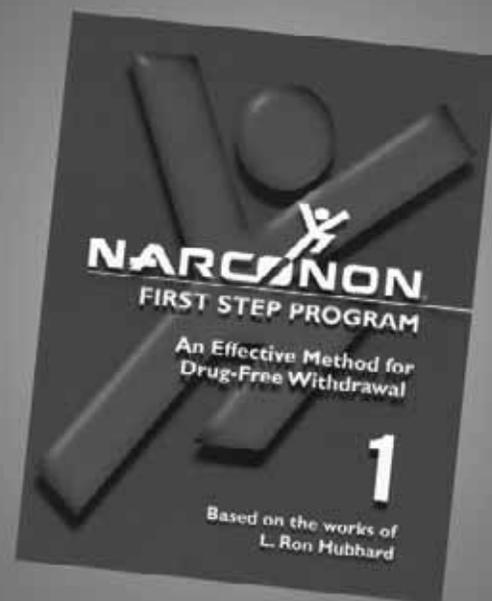
and physically without drugs than he does on drugs, he ceases to require drugs.



L. Ron Hubbard

A handwritten signature in black ink, which appears to be "L. Ron Hubbard".

How to help someone come off drugs naturally



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A Mother Using The First Step Program



The Narconon First Step program is being delivered in over 20 countries and is now a fast growing movement. A simple but very effective way of helping drug abusers to withdraw, it is a totally drug-free nutritional withdrawal program.

One mother from Minnesota had two sons who were addicted. A friend of hers found the Narconon First Step program via the internet: "It really made sense. I realized that J.'s body was in major need of nutrients that the drugs had eaten up. I had a Narconon representative send me the First Step books on drug-free

withdrawal. I then ordered the vitamins and the calcium/magnesium drink mix. I did what the book said, and it worked!!!! J. has been clean for almost five months now and B. around three. My boys look and feel the best they have in years. They both are in

"I did what the book said, and it worked!!!!

J. has been clean for almost five months now and B. around three."

control of their lives and are looking forward to their futures. It's really great to look into their clear eyes, which also have their twinkle back!" J.K.

Recently in Chicago, a workshop was held where many substance abusers participated. Here are some personal success stories written afterwards:

"I believe this program is going to change the lives of many people. This program is so different than others my brother, T., has participated in." T.A.

And another: "The Narconon First Step program helped me to understand how I can help my buddy heal naturally through nutrition, using physical techniques for relieving pain and discomfort." R.S.



Marisela Espinal, Director for Expansion at Narconon Mexico

After a request from the city of Pedro Escobedo to do The Way to Happiness Marathon (the second one sponsored by Narconon Mexico), Marisela S. De Espinal, Senior Director for Expansion Narconon Mexico, suggested that there should be a whole drug education campaign done concurrently. The city approved the project.

Every day a police car came to Narconon Mexico, picked up their drug lecturers, brought them to schools, and then took them back to the center when the day of presentations was over.

They delivered in every single school in Pedro Escobedo! Needless to say, the campaign created a very positive effect. Overall, they delivered 161 Narconon Drug prevention presentations to 10,951 students in 70 schools, from kindergarten to high school, after which 2,813 success stories were written in just a few months! One of the outcomes of this project was the creation of a city-sponsored council against addiction.

Seeing the success of this drug campaign, the neighboring city of Tequisquapan has demanded that Marisela and her Narconon drug prevention team do the same campaign in their schools starting in May!

If you know anyone who needs help, please contact us immediately.

(323) 962-2404

info@narconon.org

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The Narconon Drug Prevention Center Starter Kit

Use the Narconon Drug Prevention Center Starter Kit to jump start your group. Compiled from years of experience, this kit guides you step by step to become a successful drug educator.

When children learn the important facts about drugs, it satisfies their curiosity, and their desire to experiment lessens or disappears. Narconon lectures help children--without scare tactics--understand drugs and why people take them.

To keep youth drug-free, we need your help. The new Narconon Drug Education and Prevention Starter Kit shows you what you can do and how easy it is.